

Maternal Mental Health, Perinatal Mood, and Anxiety Disorders Resource Directory



Lisa Balderman, LCSW-R

716-507-8909

[facebook.com/BuffaloJewishMothersCircle](https://www.facebook.com/BuffaloJewishMothersCircle)

Catherine Broom, LMCHC

716-800-4116 (on-line only)

Kathleen Calabrese, PhD, LMFT, BCN
*Psychologist and Certified Neurofeedback
Clinician*

Buffalo

716-725-8135

[facebook.com/BBHTInstitute/about](https://www.facebook.com/BBHTInstitute/about)

Child & Family Services

716-842-2750

cfsbny.org

Amy Creamer, LMHC &

*No Mother Left Behind Mental Health
Services*

716-990-3137

Felicia M. Stanley

Mate Masie Holistic Counseling and Healing

716-292-8848

felicia@matemasiehealing.com

www.matemasiehealing.com

Maribeth Duncan, LCSW-R

716-417-3654

Healing Hub of NY, Inc

716-202-8415

www.Healinghubny.org

Horizon Health Services

20 Locations throughout Erie, Niagara &
Genesee Counties – accepts Medicaid
716-831-1800

www.horizon-health.org

Annmarie Legge, MHC-P

Williamsville Miscarriage support group

716-204-5552 ext. 430

alegge29@gmail.com

Deidre Medina,

*NYS Licensed Massage Therapist & Birth &
Postpartum Doula*

716-292-6113

National Maternal Mental Health Hotline

Free 24 hour, seven days a week hotline

Call OR text 1-833-TLC-MAMA

(1-833-852-6262)

Mental Health America

*On-line test for depression in new and
expecting parents*

[Postpartum Depression Test \(New &
Expecting Parents\) – Free, quick &
confidential \(mhanational.org\)](#)
<https://mhanational.org>

No Wound Untreated Inc.

*Felicia Stanley, Founder and Executive
Director*

716-292-8848

nuwinc@gmail.com

www.nowounduntreated.org

Postpartum Depression PPD Support Group
– Mom’s T.E.A.R.S. (*Treatment, Education, Advocacy, Resources, Support*)
Milliard Fillmore Suburban Hospital
2nd Thurs of month from 7pm-8pm
Nancy Owen
716-568-3628
nowen@kaleidahealth.org

Postpartum Support International
www.psidirectory.com/

WNY Postpartum Connection
Directory of mental health and support for pregnant and postpartum moms
www.wnypostpartum.com

Julie Rosinski, LCSW-R
Orchard Park
716-539-4400
www.julie-rosinski.clientsecure.me

Southtowns Postpartum Wellness Group
Orchard Park
716-539-4400
[Southtowns Postpartum Wellness Group](#)
[Facebook Page:](#)

Jennifer Mancuso Urban, LCSW-R
Orchard Park
716-906-2800
www.jmurbanlcsw.com

Brittany Rathman, LMHC
Orchard Park
716-536-6950
www.serenitymhc.org

WNY Postpartum Connection
Directory of mental health and support for pregnant and postpartum moms
www.wnypostpartum.com