

PROGRAMS FOR FATHERS. PROGRESS FOR FAMILIES.

The programs offered by Buffalo Fatherhood Initiative equip fathers with the fundamental skills they need to be effective and reliable caregivers—and to build the foundation on which their families can thrive.

SIGN UP TODAY!

For additional information please
contact one of our team members.

Michael McKnight
Senior Fatherhood Advisor
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The Buffalo Fatherhood Initiative

Why do we exist?

To empower fathers and male caregivers with the tools and resources needed to promote healthy male and father involvement for the well-being of children and families.

BFI Vision

For every father and male caregiver in the Greater Buffalo-Niagara region to be equipped with the skills needed to be nurturing and confident caregivers for the well-being of children and families.



Wherever you are, we're with you.

Terry Seay
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SPONSORED BY:

John R. Oishei Foundation
The Rich Foundation
Office of Mental Health
The United Way
Erie County Dept. of Social Services

A PROGRAM OF:



HELPING FATHERS MOVE FORWARD



Wherever you are, we're with you.

BECOME
A BETTER
FATHER.
BUILD A
BRIGHTER
FUTURE.



We can all be better fathers. And no matter where you are in your journey, Buffalo Fatherhood Initiative can help. While every dad's story is unique, all who attend our classes and access our services share a common goal: to grow.

Learn new skills from experienced fatherhood advisors. Glean insights from fellow fathers. And equip yourself with the tools you need to become the best caregiver, leader, teacher and role model you can be for your family. The Buffalo Fatherhood Initiative is here for fathers and their families, and we always will be.

FINANCIAL PEACE UNIVERSITY

Finding financial peace isn't just important for your personal well-being. It's also an essential part of providing your family a stable home free from the strain of money-related disagreements. At Financial Peace University, we leverage practical knowledge and biblical wisdom to help you make your money work for you. In nine lessons, you'll learn how to properly budget, pay off debt, and so much more. Membership includes your member workbook and a year of free online resources.

For more information, contact Michael McKnight at mk@bppn.org

NURTURING FATHERS

Nurturing Fathers is a free, nationally recognized training course designed to teach fathers the ins and outs of being a reliable parent and a nurturing caregiver. Our 13-week program is made up of 2-2½ hour classes that focus on teaching dads of all ages proven skills to build a healthy relationship with their children and a stable home for their family.

The curriculum covers:

1. The Roots of Fathering
2. Nurturing Ourselves/Our Children
3. Fathering Sons/Fathering Daughters
4. Discipline Without Violence
5. Playing with Children
6. Managing Anger/Resolving Conflict
7. Teamwork with Spouse/Partner
8. Balancing Work and Fathering
9. Communication and Problem Solving
10. Cultural Influences
11. Dealing with Feelings
12. The Father I Choose To Be
13. Graduation

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